

THE PARENT INSIDER

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Raising Responsible Kids

Help Your Children Take Responsibility For Their Actions.

By Teresa Bell Kindred

A reporter for *The Indianapolis Star* once asked historian and two-time Pulitzer Prize winner Barbara Tuchman what she felt was most needed in the next century.

"Probably personal responsibility," she replied, explaining that this means, "taking responsibility for your behavior and your expenditures and your actions, and not forever supposing that society must forgive you because it's not your fault."

The crisis facing parents today is the very one Tuchman anticipated. Parents must take responsibility for their actions as well as teaching their children to do the same.

Among adults, there is a disturbing trend to reword our actions and deeds in order to make them sound like something they aren't. The word "affair" doesn't sound as bad as the term "adultery." "Sharing news" sounds much better than "spreading gossip." "Giving out misinformation" sounds like an innocent mistake when it replaces the phrase "lying." The truth is we can change what we call our actions but that doesn't change the action itself. In other words, calling a rose a daisy doesn't make it any less a rose.

Article continued on Pg 4.

Youth Beat: Quick Stats

- 94% of teens acknowledge the dangers of texting and driving. Still, 35% admit to engaging in this risky practice. (AAA)
- An estimated 6.8 million people ages 10 to 17 are food insecure, meaning they don't have reliable access to enough affordable, nutritious food. (Urban Institute)

TOP TEN MOVIES



Movies 12/09/2016 - 12/11/2016

Source: Box Office Mojo

	<u>Box Office Movies</u>	<u>Gross Income</u>
1	Moana	\$18.8 mil
2	Office Christmas Party	\$17.5 mil
3	Fantastic Beasts and Where to Find Them	\$10.8 mil
4	Arrival	\$5.6 mil
5	Doctor Strange	\$4.6 mil
6	Allied	\$4 mil
7	Nocturnal Animals	\$3.2 mil
8	Manchester by the Sea	\$3.2 mil
9	Trolls	\$3.1 mil
10	Hacksaw Ridge	\$2.3 mil

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Top Ten Video Games

1. Pokemon Sun/Moon (3DS)
2. Watch Dogs 2 (PS4)
3. Call of Duty: Infinite Warfare (PS4)
4. Call of Duty: Infinite Warfare (XOne)
5. Watch Dogs 2 (XOne)
6. Battlefield 1 (XOne)
7. Batman Arkham VR (PS4)
8. Battlefield 1 (PS4)
9. Titanfall 2 (PS4)
10. Mario Kart 7 (3DS)

U.S. Video Game Sales
Week Ending
November 19, 2016

Celebrity Quotes

"...when I found myself with total sexual freedom, I was unhappy."

-Emily Witt, author of "Future Sex: A New Kind of Free Love" released October 2016

PRAYER CENTRAL:

Things to pray about, with, and for your kids

- Prayer for your family as we enter another year.
 - Pray that your family is bold in their faith.
 - Pray for our church.
 - Pray for unbelievers.

As we start a new year, if prayer hasn't been a staple in your home, make it one! Nothing like starting off fresh. If it has been, great! Keep it up!

Verse of the Month

"For even the Son of Man came not to be served but to serve, and to give his life as a ransom for many."

- Mark 10:45

Serving is so important and that is exhibited in the verse above. Our King came to serve, so we should too! Scripture is awesome at reminding us of these truths. Make sure you are reading together as a family frequently! You set the tone for you teen!

Cutting Edge Music:

Kane Brown- "Kane Brown"



Background: Kane Brown is an American country music singer and songwriter. He first came to the attention of the public through social media. He released his first EP, titled *Closer*, in June 2015. A new single "Used to Love You Sober" was released in October 2015. After Brown signed with RCA Nashville in early 2016, the song was included on his EP *Chapter 1*, which was released in March 2016. He

released his first full-length album, the self-titled *Kane Brown* on December 2, 2016.

What Parents should know about their new album: The 23-year-old Georgia native briefly flirted with fame on Fox's singing competition *The X Factor*. But he balked at the idea of being shoehorned into a boy band (as the show's producers wanted to do), dropping out and carving out a niche instead on YouTube. His specialty? Covering country songs. Three years later, Brown's parlayed growing online popularity into a bona fide solo career with his eponymous debut album, which topped the country chart and landed in the Top 10 on the mainstream album chart. *Kane Brown* is an 11-song effort that veers wildly between wild living and traditional values. We get drinking and leering 'n' lip-locking one minute, and shout-outs to faithfulness, integrity and heaven the next. Kane Brown has obviously learned well from his country mentors. He's embraced—and now reinforced—his chosen genre's cognitive dissonance when it comes to glorifying virtue and vice simultaneously. Like so many country artists before him, it's a disconnect that Brown seems quite comfortable with.

For the full write up, visit www.pluggedin.com/musicreviews. Also, visit pluggedin.com for other music reviews.

Latest Research: Suicide Clusters

The word suicide is not a pretty word. For those who know someone who has attempted to take their own life or completed a suicide, the word conjures up feelings and memories of horrible pain. But teen suicide is something that we must address. Research has shown that among teenagers, suicide, like other behaviors, can actually be contagious. Kids are especially susceptible as they obsess over fads and fashion trends, and they copy the behavior of their peers, even if those behaviors are known to be dangerous. Researchers at Columbia University have found that when it comes to suicide, the element of contagiousness comes directly when someone knows a suicide victim, or indirectly through word of mouth or news reports. Parents, be aware of the contagious nature of suicide, which is especially strong among fifteen to nineteen year olds, and where there has been a suicide cluster. Monitor your kids, and get them the help of a hope-filled, Christian counselor.

Featured Film: Newly Released in Theater

SYNOPSIS— Monster Trucks — Opens January 13

Starring: Lucas Till, Jane Levy, Amy Ryan, Danny Glover, Frank Whaley

Rated PG -action, peril, brief scary images, and some rude humor.



Looking for any way to get away from the life and town he was born into, Tripp, a high school senior, builds a Monster Truck from bits and pieces of scrapped cars. After an accident at a nearby oil-drilling site displaces a strange and subterranean creature with a taste and a talent for speed, Tripp may have just found the key to getting out of town and a most unlikely friend. Melding cutting edge visual effects and state-of-the-art CGI, *Monster Trucks* is an action filled adventure for the whole family that will keep you on the edge of your seat and ultimately touch your heart.

For more information on the movie check out www.pluggedin.com under their media section

Check out www.pluggedin.com for more information on new

Other Movies in Theaters

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Title	Rating	Red Flags	Genre	Starring
Underworld: Blood Wars Opens Jan. 6	R	Strong Bloody Violence and Some Sexuality	Horror	Kate Beckinsale, Theo James, Charles Dance, Tobias Menzies
The Dark Tower Opens Jan. 13	N/A	N/A	Sci-Fi / Fantasy	Idris Elba, Matthew McConaughey, Abbey Lee
The Resurrection of Gavin Stone Opens Jan. 20	PG	A Crucifixion Image and Thematic Elements	Comedy	Brett Dalton, Anjelah Johnson-Reyes, Neil Flynn, Shawn Michaels, D.B. Sweeney

Just last week a lawyer in a neighboring community was arrested for public intoxication at the county jail. It seems the lawyer was on his way to visit a client but was arrested and charged with drunkenness. "The greater crime was not being allowed to see my client," the lawyer said arrogantly.

Roots of the problem

Lack of personal accountability is nothing new. Remember Adam and Eve in Genesis chapter 3? They were told they could eat the fruit of any tree in the garden where they lived but one. Unable to withstand temptation, they succumbed and ate of the forbidden fruit. When God asked Adam if he had eaten from the tree he was told not to eat from Adam didn't say, "Yes, I ate the fruit" but instead answered, "The woman you put here with me-she gave me some fruit from the tree, and I ate it." When it came time for Eve to answer for her actions she didn't do any better. God asked her what she had done and she replied, "The serpent deceived me, and I ate."

Adam and Eve were trying to lessen their guilt by pointing the finger at each other, but that doesn't work with God and it shouldn't work with parents. Romans 14:12 says, "So then, each of us will give an account of himself to God." Isn't that reason enough to teach our children about being accountable for their actions?

Here are some practical ways you can help your children learn accountability:

1. Be a good example. Don't fall into the "it was their fault" trap. Last week when you had a car accident and rear-ended the woman in front of you, was it really her fault or were you tailgating and you just didn't want to admit it? Were the referees at your son's ballgame really unfair

or was the other team better? Chances are the attitude you have about your own actions will be the one that influences your children the most.

2. When your child starts to point the finger at someone else gently point out ways that their decisions influenced the outcome of the situation. For example, if they made a bad grade on a test and say "the test was too hard" or "I didn't understand the questions, find out the reason why. Did they study enough? Did they ask for help during question and answer time? If you consistently hold them responsible for their actions they will learn they can't take the easy way out.

3. Study biblical characters who did take responsibility for their actions. David made a series of serious mistakes but when he realized what he had done he didn't say, "It was Bathsheba's fault." He said, "I have sinned against the Lord." Maybe David's willingness to admit his mistake is one of the reasons God called him a man after His own heart.

God gave us the perfect example to follow: His Son. If we follow in His footsteps and take responsibility for our actions, our children will do the same.

Article found at www.familylife.com

Youth Group News

Events

Lock-In—Our annual lock-in will be here before you know it! It's on January 15. The following day is Martin Luther King Day so most are off school and work. If you are off work and would be willing to help out at the lock-in, let us know! The plan is to have inflatables, 9 Square in the Air, board games, a photo booth, food and many rounds of sardines! Prior to the start of the lock-in we will gather for a time of worship in the youth room. Students are encouraged to invite friends. Pastor Josh has said if they can get 40-50 youth at the lock-in he will dye his hair! It's going to be a great night! Since this is a pretty big event, this is the only event outside of youth group, planned for January!

Volleyball- Volleyball starts Jan. 22 at 1 pm. Forms are in the youth room. They are due by Jan. 6. Cost is \$35. It runs through the second week of March. Schedule will be released after deadline.

News

Dare2Share– This youth conference that teaches kids about evangelism is March 17-18. The closest one is in St. Louis, so we will be road tripping! The catch we have to leave early on Friday. Start looking ahead and praying about letting your teen miss a school day to go on this great trip to grow and stretch themselves! Cost is \$50 for the tickets, plus meal money. Sign ups for this will be up January 8!

Mission Trip– Mission trip will be right around the corner. The destination has been chosen. We will be announcing it the first Sunday night of January. We will have a brief informational meeting Sunday, January 8th right after church in the youth room! This year we will have a sign up deadline of Feb. 12.

On the Horizon

Murder Mystery– Feb. 11–We will be having an 80's prom theme. More info to come.

Winterjam– Feb. 18– Meeting at the church at 5 pm. Need \$10 for entry plus food and souvenir money.

Famine– Feb. 24-25– More details to come.

Youth Group Teaching Schedule

January 1: **Ask The Leader Night**

January 8: **Identity Series** – Image

January 15: **Identity Series** - Choices

January 22: **Identity Series** - Relationships

January 29: **Identity Series** - Accomplishments

Youth Culture Music Artists Top Ten

All information for Radio Airplay was for the week of 12/13 from Mediabase.

Rank	Radio Airplay
1	Ariana Grande – Side To Side
2	The Chainsmokers - Closer
3	The Weeknd – Starboy
4	Maroon 5 – Don't Wanna Know
5	DJ Snake – Let Me Love You
6	Alessia Cara – Scars To Your Beautiful
7	Bruno Mars – 24K Magic
8	Hailee Steinfeld & Grey – Starving
9	Gnash f/Olivia O'Brien – Unsteady
10	Twenty One Pilots - Heathens

J A N U A R Y 2 0 1 7

S U N	M O N	T U E	W E D	T H U	F R I	S A T
1	2	3	4	5	6	7
8 Sunday School @ 9:30 am Youth Group @ 6:00pm	9	10	11	12	13	14
15 Sunday School @ 9:30 am Lock-in @ 6:00pm	16 Lock-in over at 6 am	17	18	19	20	21
22 Sunday School @ 9:30 am VBall Starts Youth Group @ 6:00pm	23	24	25	26	27	28
29 Sunday School @ 9:30 am VBall @ 1 pm Youth Group @ 6:00pm	30	31				

Youth Trends: "Sleep Deprivation Effects"

Once again, we're going to address teenagers and their need for sleep. Teens need nine hours and fifteen minutes of uninterrupted sleep for normal growth and development. When they lose sleep, their mental, physical, and emotional health will suffer. That reminds us that God made our bodies for a rhythm of work and rest. Now, new research published in the journal Pediatrics is adding more evidence regarding the dangers of being a teenage night owl. They discovered that teens who don't get enough sleep tend to have the hardest time with self-regulation during the following day. These students have more memory problems, are more impulsive, and get irritated and frustrated more easily than their peers who are getting enough sleep. Researchers also found that getting to bed earlier is important, as it is a factor in how well the brain functions the next morning. Parents, sometimes you need to think for your kids, setting borders and boundaries that leads to improved physical health.

Source: CPYU